

Original Macujo Method

The Complete Guide

To the original hair-follicle cleansing method.



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Disclaimer

This Original Macujo Method guide is interactive and contains clickable images, buttons, & links for ease of use and accessibility.

This guide & the products listed are intended for adults 18+.

These products are designed to be used by individuals that wish to make a lifestyle change in an attempt to remove drugs from the body.

Statements concerning the use of these products have not been evaluated by the Food and Drug Administration (FDA). The products listed are not intended to diagnose, treat, cure or prevent any disease.

Consult a medical professional & dietitian, we are not medical professionals or dietitians. Always consult your physician prior to using any cleansing product or participating in a detoxification program.

Products mentioned in this guide may be harmful or deadly if used incorrectly. Hazardous uses include, but are not limited to: improper ingestion, eye contact, skin contact, or inhalation.

Follow all relevant material safety label warnings & instructions.

About

Original Macujo Method

Created anonymously online by one of our customers years ago, the Original Macujo Method is a potent hair-cleansing method used to remove drugs & their metabolites from hair using everyday over-the-counter products, along with a now-discontinued Nexxus formula that Toxin Rid cloned; now enhanced with added potency and a larger bottle!



Spotting Fakes

As time goes by, many have tried to hijack the Original Macujo Method and call it their own, we've seen it all. Don't be fooled by anonymous characters pretending to be the creators of a home remedy.

Look for the clear warning sign of a **registration or trademark symbol** to create a false sense of authority and mislead those in need of a solution. These authoritative symbols are not officially approved, and nobody owns the Original Macujo Method.

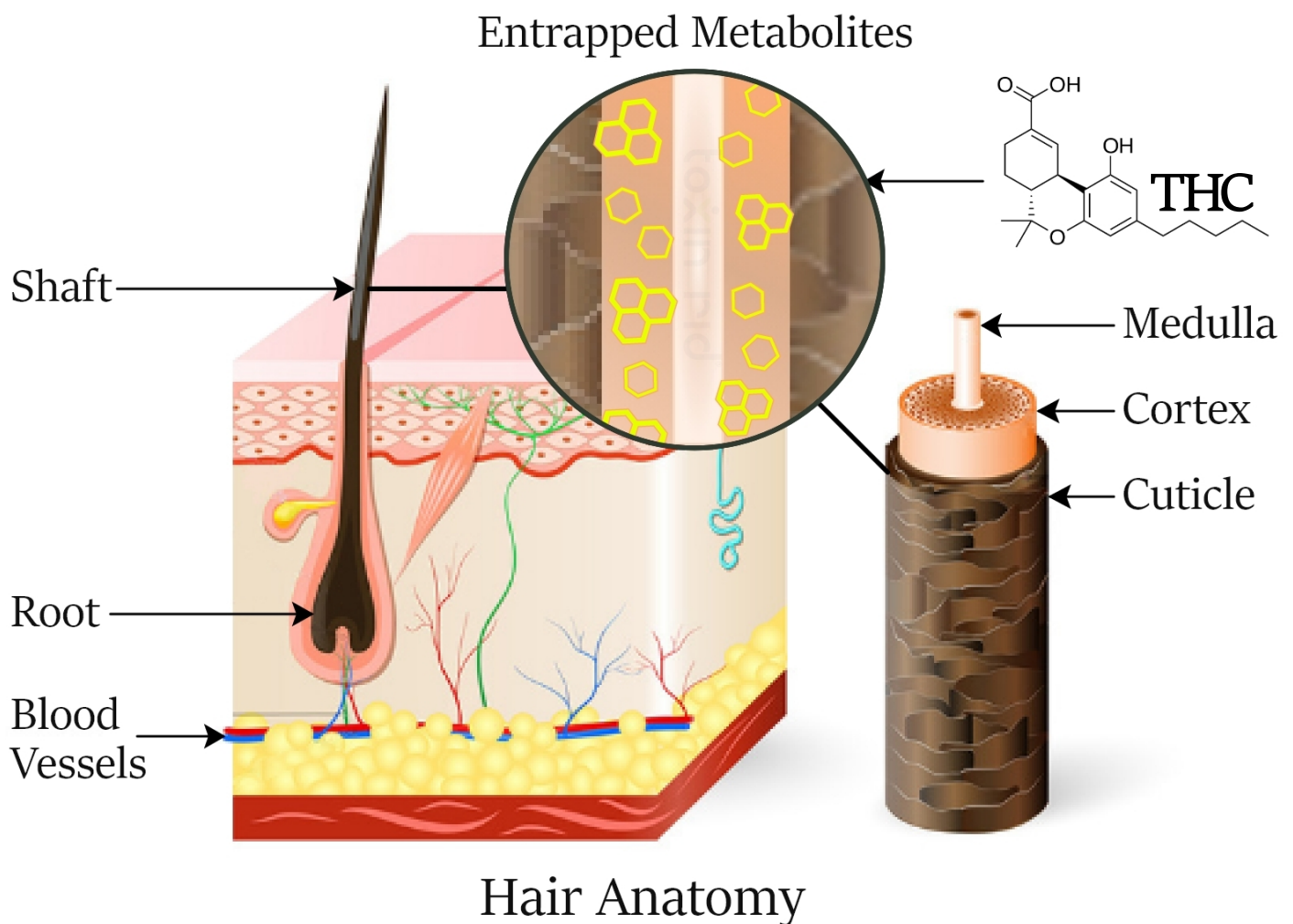


Drugs & Hair

When drugs enter your system, they circulate through your bloodstream, spreading throughout your body. Organs like the liver then process these substances, converting them into various byproducts, or metabolites.

These metabolites can make their way into the tiny blood vessels surrounding hair follicles, becoming embedded in newly forming hair. As this hair lengthens, the metabolites are encased within the hair shaft, shielded by a strong outer layer known as the cuticle.

The Original Macujo Method works by opening the cuticle, allowing some of those entrapped metabolites to be rinsed away with every wash.



Hair Follicle Drug Tests

To analyze hair for drug use, a small hair segment is typically trimmed close to the scalp. This segment serves as a chronological record of drug exposure, with the oldest exposure documented at the hair's tip and the most recent near the root.

The required length for testing is about 1.5 inches (3.8 centimeters), corresponding to roughly 90 days of hair growth. If the hair on the head is too short, samples may be taken from other body parts, such as the armpit or chest, though these areas pose more challenges for detoxification.

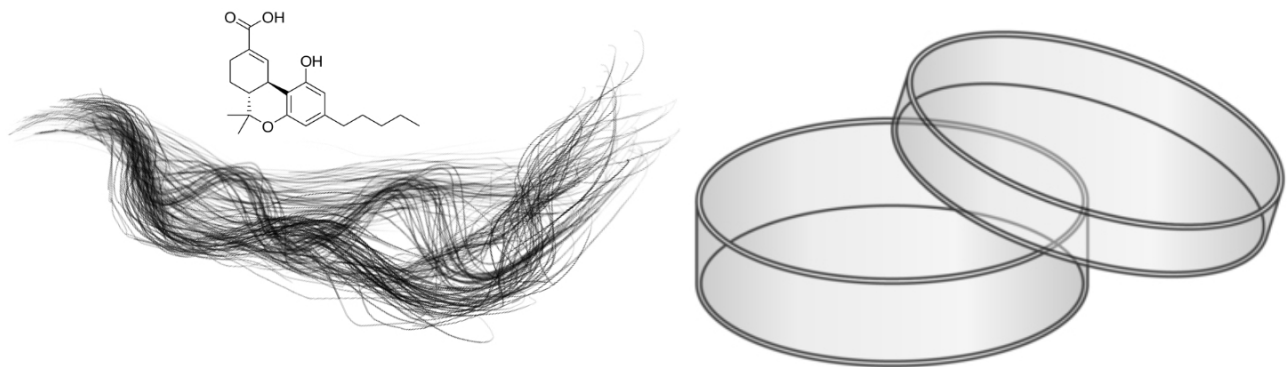
Following collection, the hair undergoes a chemical process that dissolves the hair structure, releasing the enclosed metabolites to be tested for.

The Original Macujo Method aims to get there first, offering a preemptive cleanse that aids in eliminating these metabolites before your official drug test.

Requires ~1.5 Inches = 90 Days of drug use.

Taken typically from the crown.

Submerged in solution to release metabolites.



Products

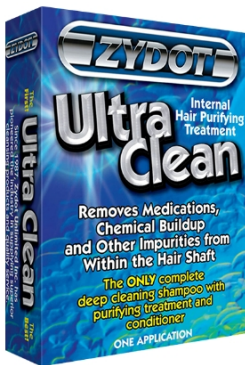
Essential



Old Style Aloe Toxin Rid Shampoo [View](#)

This specialized detoxification shampoo is uniquely formulated to penetrate the hair's protective cuticle. Its purpose is to eliminate the accumulation of drug residues and exposure spanning weeks. Crafted through extensive research and developed by seasoned chemists and toxicologists, this shampoo is recognized for its unparalleled ability to purge metabolites, promoting a cleaner, healthier scalp and hair.

Delivers deep cleansing chelating action that effectively removes residual buildup, environmental pollutants, chemicals, chlorine, hard water minerals, and hair-dulling impurities. Substitutes or knock-offs are not recommended due to their lack of proven efficacy.



Zydot Ultra Clean [View](#)

Designed to remove medications, toxins, pollutants, chemical buildup, and other impurities from within the hair shaft. Shampoos away external barriers such as hair spray, styling and finishing products, and everyday dirt and grime buildup to expose the inner hair. Penetrates the hair shaft's inner structure to dissolve, release, and remove the chemicals and medications bonded within the hair shaft. Best used on the day you need to be your cleanest.

Essential Cont.



[View](#)

Tide Liquid Laundry Detergent

Contains biodegradable surfactants (anionic and nonionic) and enzymes. Surfactants are chemical compounds that decrease surface tension, stripping oils. Enzymes help break down complex molecules.



[View](#)

Clean & Clear Essentials Deep Cleaning Astringent (Orange or Pink Version)

This version contains 2% Salicylic Acid, check the ingredients. Intended to cleanse by removing dirt, oil, and providing exfoliation. Exfoliation helps by removing the outer layer of dead skin cells.



[View](#)

All-Natural Vinegar

Vinegar can help remove product buildup, excess oil, and residue from shampoos and conditioners. Its antimicrobial and antifungal properties may also help alleviate dandruff and soothe an itchy scalp.

Secondary



Shower Cap

Protects your eyes and face from drips.
Helps remove metabolites more reliably.

[View](#)

Rubber Gloves

Prevents skin irritation and drying.

[View](#)

Extra



Goggles

Protect your eyes and face from drips.

[View](#)

Fine Tooth Comb

Ensure thorough coatings.

[View](#)

Skin Protectants

Protect your skin from drips & rashes.

[View](#)

Instructions

Time Needed

One complete wash can take up to an hour, and it is recommended you complete 1 - 3 full washes (Steps 1-7) each day, with at least a few hours between washes to avoid a rash, for up to 5 days. That's a total of 5 - 15 full washes before your drug test. Although this process is certainly time-consuming, it is the most comprehensive and potent hair cleansing method out there. For the best results, complete as close to your drug test as you can.

Stop All Drug Consumption

The sooner you avoid exposure to any and all drugs, the better. This includes recreational drugs like alcohol & nicotine, and any unnecessary medications.

1. Rinse and Vinegar

Wash and rinse your hair thoroughly with warm water. Once your hair is sufficiently rinsed, massage the vinegar into it. Do not rinse.

2. Clean and Clear 30 min

Massage clean and clear around your scalp, mixing with the vinegar. Be sure to massage as thoroughly as possible to get complete scalp coverage. Once you're done, put on a shower cap and let it sit for 30 minutes to an hour.

3. Rinse

After 30 minutes have passed, do a thorough rinse and comb through your hair.

4. Aloe Toxin Rid Shampoo



Wash your hair with Toxin Rid Shampoo, following the instructions on the bottle. Complete two washes, rinsing it out between washes.

5. Tide Laundry Detergent



Wash your hair with the detergent. Be careful and avoid letting the detergent get into your eyes. For extra safety, goggles can be used. Rinse the detergent out completely once you're finished scrubbing.

6. Zydol Ultra Clean

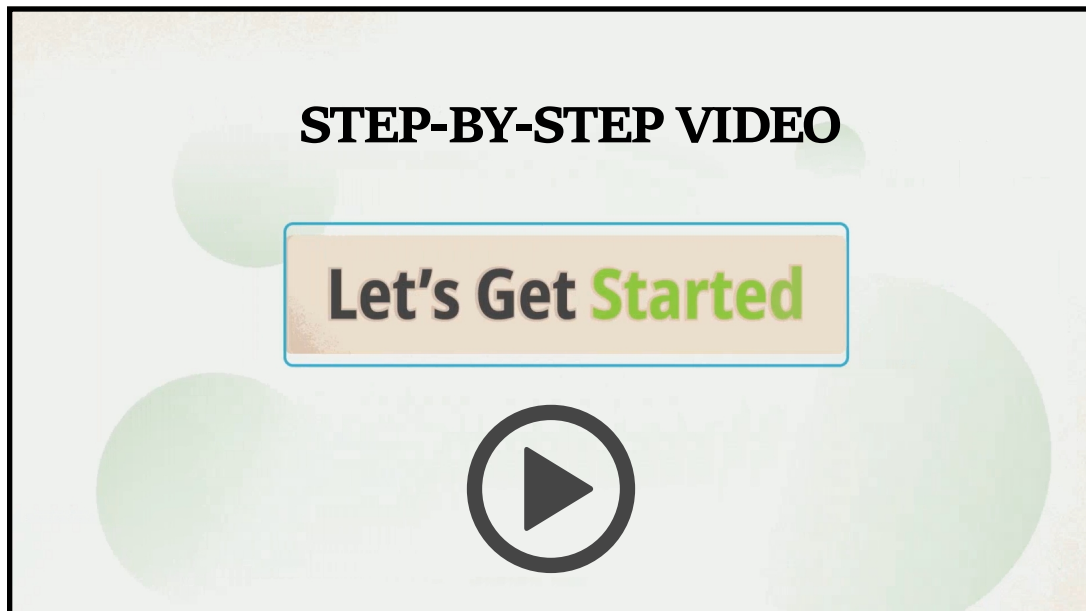


Wash your hair with the Zydol Ultra Clean shampoo, following the instructions on the box & each individual packet. If you only have one box, save it till the day you need to be the cleanest and do it last.

7. Rinse and Repeat



Repeat steps 1-7. If you want to remove all drugs, you'll need to repeat these steps at least 1 - 3 times each day for up to 5 days; a total of 5 - 15 full washes before your drug test.



Tips

Body & Facial Hair

Trimming your head hair to 1.5 inches (38 mm) can effectively eliminate traces of drug exposure over 90 days old, reducing the amount you need to detox. However, avoid cutting it too short, as this could prompt the testing facility to collect samples from longer body hair, which is significantly more challenging to cleanse. If you're concerned about the collection of body or facial hair, consider trimming it very short, ensuring that your head hair remains the longest viable sample for the drug testing facility to use.

Recontamination

To prevent your hair from getting recontaminated with drugs, avoid, clean, or change anything that touches your hair. This includes hats, hair ties, combs, towels, hair straighteners or curlers, pillowcases, etc. These precautions ensure that your detox efforts aren't undone.

Scrub Don't Scrape

Be careful not to scratch or cut your scalp with your nails or a comb. It WILL sting. Focus on coating your hair with your finger tips, not scraping your scalp with your nails.

Skin Protectants

Consider applying an ointment such as Vaseline or Aquaphor around your entire hairline, as well as ears, neck, and any other areas exposed to drips & runs, especially if you are attempting multiple washes in one day. This will protect against dry skin & possible rashes.

Timing

If drugs are still present in your bloodstream, and you can't pass a home urinalysis test, try to complete your cleanse within a week of your test as your hair will continue to grow with those drugs present. If you can pass a urinalysis, it is considered a permanent cleanse until you reintroduce drugs.

Testing Yourself

The only way to be completely sure that you're clean is to test yourself at home. You can find home hair & urine tests on www.TestClear.com

Testclear Home Hair Testing Kit

[View](#)

100% Confidential



90 Day History Detection

- Collect hair sample.
- Prepare sample for mailing
- Mail to laboratory using the prepaid shipping label enclosed.
- View results online in 3-5 days

Single Panel Testing Kits

[View](#)

10 min

Results in 10 minutes.



Two Lines - This means it's **negative**.



One Line - This means it's **positive**.



No Lines - Invalid result.

If you are still not able to pass a urinalysis, the drug is still passing through your bloodstream into your hair. If this is the case, ensure you do not allow your hair more than a week to grow back between finishing the Original Macujo Method and taking your test. If you're able to pass a urinalysis, it is considered a permanent cleanse until you reintroduce drugs again.

FAQ

What is the Original Macujo Method?

Created anonymously online by one of our customers years ago, the Original Macujo Method is a potent hair-cleansing method used to remove toxins & drug metabolites from hair using everyday over-the-counter products, along with a now-discontinued Nexxus formula that Toxin Rid cloned, called the Old Style Aloe Toxin Rid Shampoo. [See page 1.](#)

I haven't ingested drugs in ___ days/months, do I still need to worry?

In short, yes; especially for hair tests. Toxins may be trapped within hair indefinitely. The only way to be sure you're clean is to test yourself. [See page 10.](#)

How effective is the Original Macujo Method? Does it work?

It certainly works! The Original Macujo Method can remove upwards of 90% of foreign drugs in your hair. Anyone claiming anything more is not being realistic. Detoxing hair is extremely difficult; there's a reason hair testing is used despite how expensive it is.

How long does it take to complete the Original Macujo Method?

One complete wash (Steps 1 - 7) can take up to an hour, and it is recommended you complete 1 - 3 full washes each day for up to 5 days. A total of 5 - 15 full washes before your drug test.

How long does the cleanse last? Is it permanent?

If you are able to pass a urinalysis after cleansing your hair, it is a permanent cleanse. This is in no way a "mask". If you are still not able to pass a urinalysis, the drug is still passing through your bloodstream into your hair. In this case, your cleanse will last up to 2 weeks before your hair is incorporating too many drugs once again. [See page 9 "Timing".](#)

Is the Original Macujo Method safe?

Yes it is safe. Follow the precautions & warnings for each individual product involved. Avoid getting any in your eyes, ears, and mouth. [See "Disclaimer".](#)

Contact



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